Waldorf Salad

Ingredients

80g walnuts browned in a dry frying pan then broken into smaller pieces

1/4 small red cabbage shredded finely

3 stalks celery finely sliced

2 apples cut thinly (I used a potato peeler)

3 spring onions finely chopped white and green part

½ small red capsicum cut up very thinly

2 tbsp finely chopped dill

2 tbsp finely chopped parsley

1/4 cup sour cherries or cranberries

Salt and pepper to taste (just pepper if you have high

blood pressure)

Dressing

- ³/₄ to 1 cup mayonnaise https://www.veets.com.au/blog/veg-an-okonomiyaki
- 4 tbsp cashew cheese https://www.veets.com.au/blog/fermented-cashew-cheese
- 1 tsp Dijon mustard
- 1 tbsp apple sider vinegar

Method

- 1. Mix the dressing together.
- 2. Place the rest of the ingredients in a mixing bowl and fold in the dressing, season with salt and pepper.
- 3. Place in a nice serving bowl.

