Marinated Zucchini, Spring Onions & Corn bread Galette with Cashew Mascarpone and Sprinkle

For the Pastry

1¼ cups gluten free flour ½ cup maize flour 1 tsp salt ½ cup vegan butter ½ cup cold water

For the Mascarpone

1½ cups cashews soaked for 6 hours Juice 1 large lemon 1 tsp salt ¼ cup water

For the Zucchini

2 medium zucchini

1 tbsp za'atar seasoning (you can buy this from the shops and I do teach how to make it in the online course- woo hoo) 1 tsp salt ½ tsp cracked pepper 6 leaves of Swiss chard or 3 leaves of Silverbeet shredded finely ½ cup chopped spring onions

For the sprinkle

www.veets.com.au/blog/non-dairy-sprinkles

Method

- 1. For the pastry place the flours and salt in a bowl and rub in the butter, add the water and mix with your hand until it forms a ball. Make into a square flat shape and cover and pop in the fridge for a few hours.
- 2. Marinate the zucchini with the za'atar, salt and black pepper and put in the fridge for a few hours.
- 3. In a frying pan add a little splash of olive oil and fry up the Swiss chard, spring onions and fry until wilted. Set aside.
- 4. To make the mascarpone place everything in a blender and blend until smooth.
- 5. Place the pastry mixture on a piece of baking parchment and roll out. As you are rolling the pastry will crack, piece this together with your fingers. Roll until you have a 1.5cm thickness and make an edge with the outside of the pastry. I did this by folding bits of the edge of the pastry in. Place parchment and the pastry on a baking tray.
- 6. Spread on all of the mascarpone and pile on the zucchini.
- 7. Place in a 180°C oven for 20 minutes. Turn the pastry around and bake for a further 15 minutes then add on the cooked chard and spring onion and bake for another 5 minutes.
- 8. Take out of the oven and sprinkle with the sprinkle of your choice.

